



Bayshore Counseling Services Annual Report Fiscal Year 14

A review of the year's activities



Highlights for the year:

- ❖ Bayshore purchased a new building with a moving date in early December 2014!
- ❖ Bayshore obtained a 3 year CARF accreditation- good until June 2017
- ❖ We have completed almost one year using Credible software and are paperless for all of our clinical records
- ❖ Staffing is stable and working hard
- ❖ Problem gambling grant is extended into 2015.
- ❖ Bayshore received an additional gambling grant and prevention will provide the “Stacked Deck” program in area schools beginning in October 2014.
- ❖ United Way grant for Assessments and for our DINA program is increased for FY15.
- ❖ Check out Bayshore’s Facebook page!

Addiction Department:

- Our Addiction Department is part of the Erie County Probation SMART grant which provides assessments and treatment for opiate users, as well as for staff time.
 - The Department is providing assessments at the Ohio Department of Job and Family Services
 - Assessments and groups in the Erie and Ottawa County jails
 - Increased collaborative community efforts in developing additional treatment and housing options for heroin/opiate addicts
 - BCS is a partner in the Drug Courts in both Erie and Ottawa Counties.
 - Addiction staff started a support and education group for family members. This group is free to any family member.
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- “Embrace Recovery, be the change” Recovery is about lifelong progress , not perfection.



Prevention Department

- Prevention = Planned sequence of culturally appropriate, science driven strategies intended to facilitate attitude and behavior change for individuals and communities. Bayshore's Prevention Program is based on resiliency theory, asset development, and risk/protective theory.
- The POWER program is our most widely accessed program and provides school based services based on the above theories. We provide presentations on bullying education, conflict resolution, problem solving, character development, anger management, social skills, and/or other topics requested by the schools.



Prevention

- The prevention department also provides parenting programs and a place where parents can call for specific parenting issues. The following are the parenting programs offered:
 - Put Parenting First- our most requested parenting program
 - Incredible Years- for parents of 2-8 year olds
 - Parent Project- for parents of 11-17 year olds
 - Loving Solutions- for parents of challenging children ages 5-10 years old.



Early Childhood Mental Health

- ECMH is for children from birth to 8 years of age. Through this grant we provide consultation and referral services for at risk families and Early Childhood Centers. Consultations are provided in the ECCs and during in home visits with families.
- Race to the Top (RTTT) is a grant that provides trainings in the Social-Emotional standards established by the Ohio Department of Education. These trainings are offered to Early Childcare Centers, preschools, and educators. Our ECMH consultant collaborates with all the providers in our 5 county region. During this year she has provided 25 trainings.



Mental Health Department

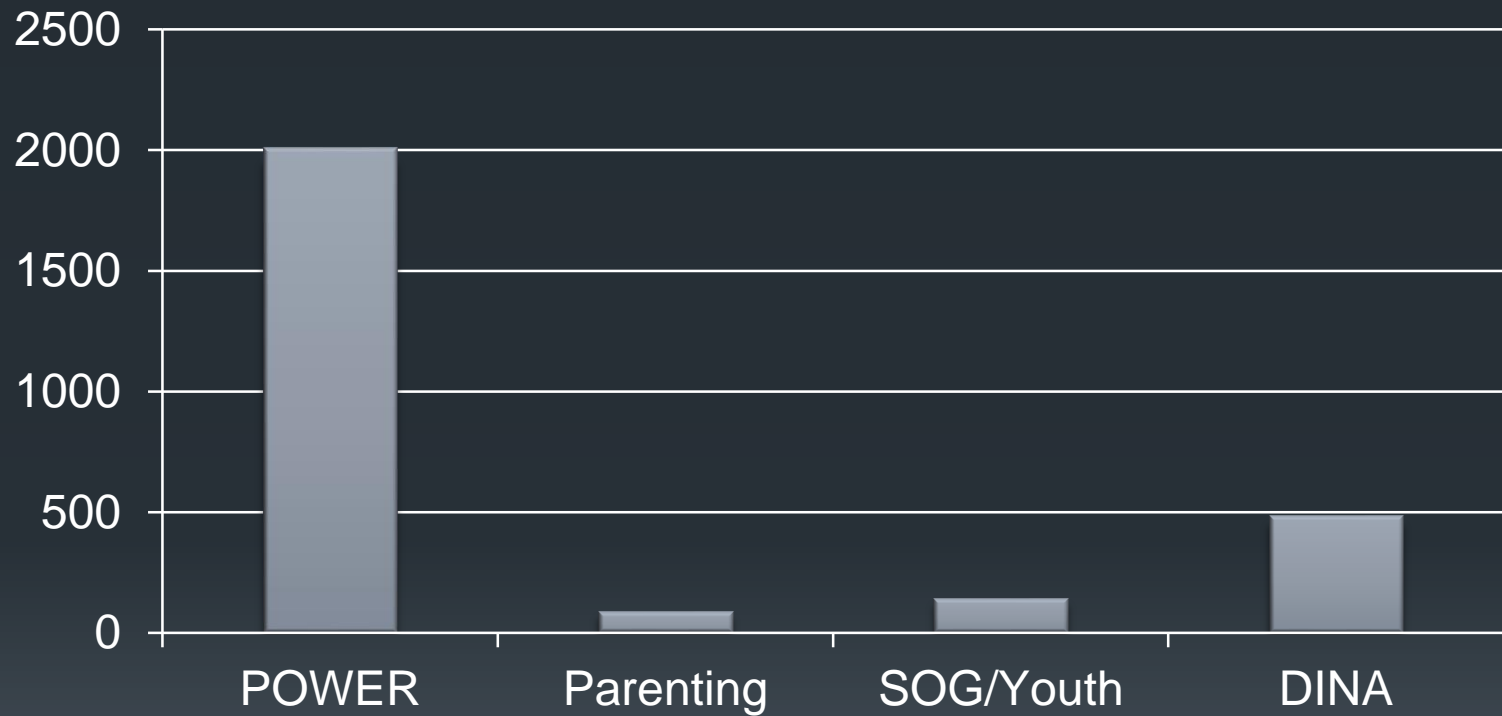
- Individual services to adults, children, couples, and families.
- We have seen an increase in referrals from ODJFS Children's Services unit
- New support group for the LBGTQ (Lesbian, Bisexual, Gay, Transgendered, Questioning) population
- Anger Management group for court and children services referrals.
- Dual Diagnosis group (treatment group for persons with mental health and addiction problems)
- 1 in 4 persons experience a mental health disorder
- “Mental Illness is nothing to be ashamed of, but stigma and bias shame us all” Bill Clinton



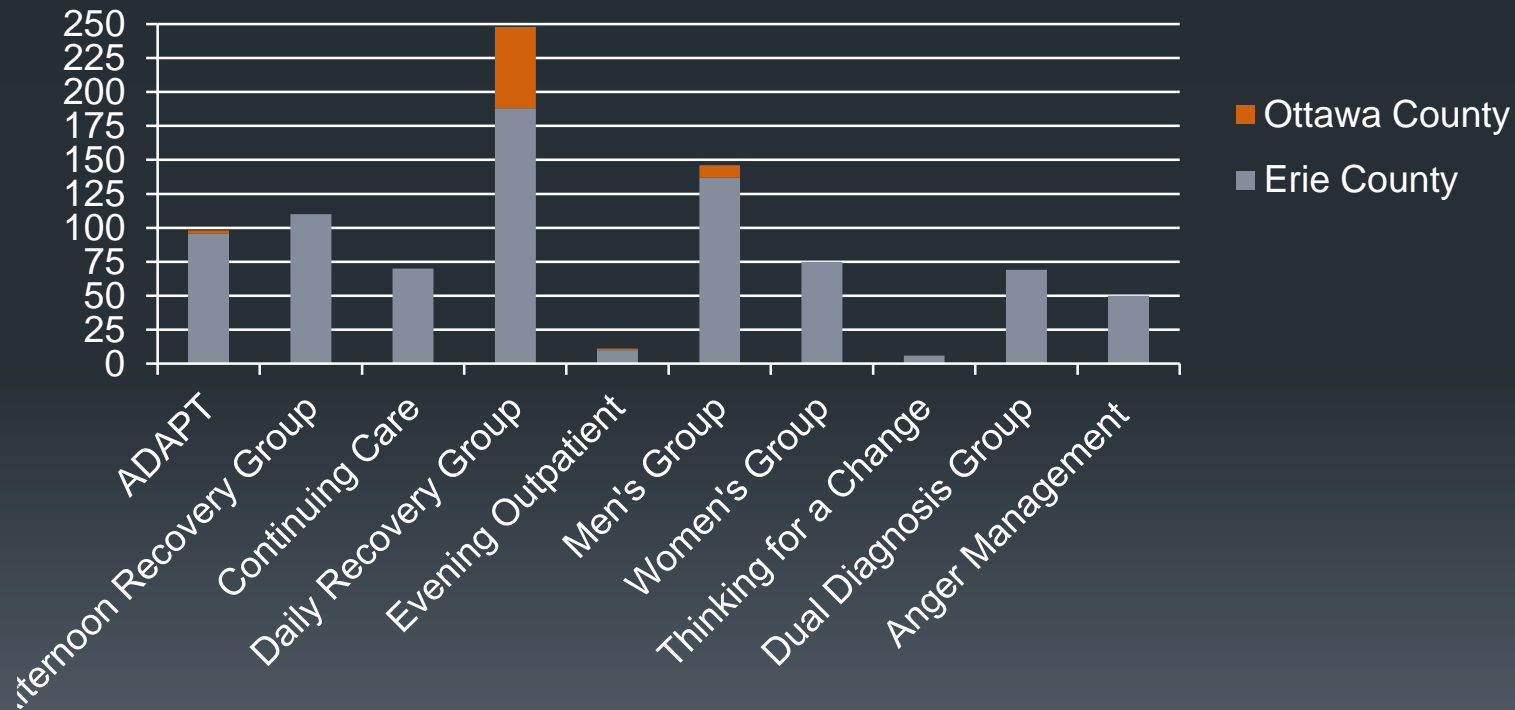
Strategic plan for Bayshore

- To engage persons in a process of recovery, mental health, and prevention services that positively impact their involvement in a community.
- “Health is a state of complete physical, mental, and social wellbeing, and not merely the absence of disease or infirmity. World Health Organization 1948

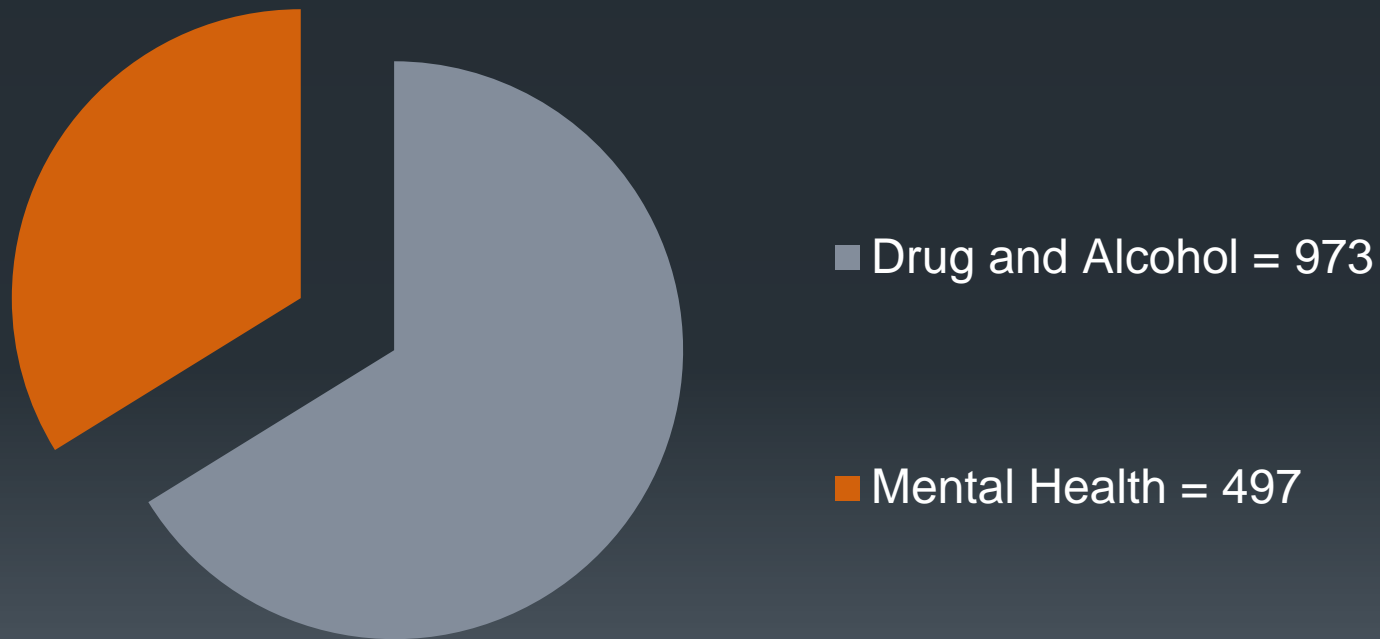
Prevention Services



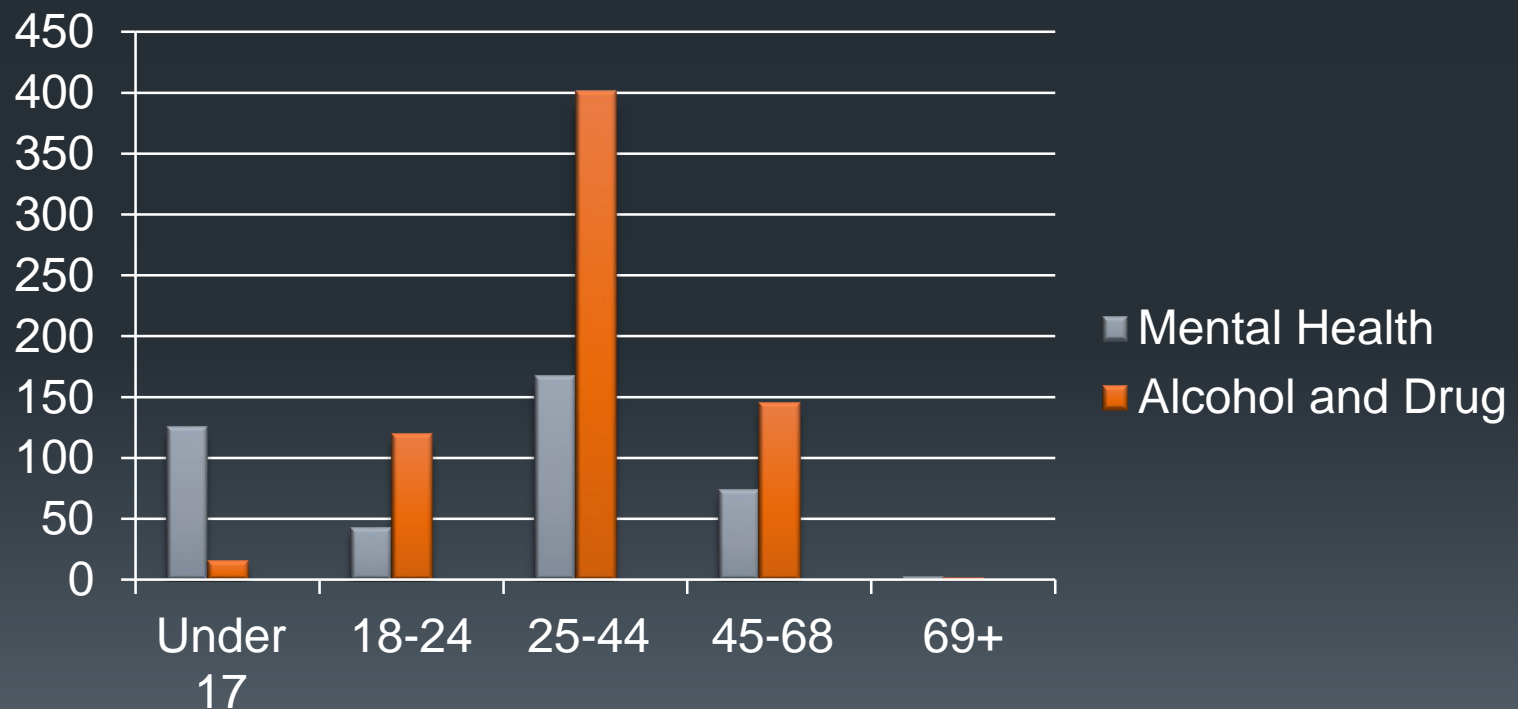
Drug and Alcohol and Mental Health Groups in Erie and Ottawa Counties



How many Assessments have we done?



Ages of our consumers





Top Diagnosis in AOD and MH

- Alcohol and Drug

- Alcohol Disorders

- Opioid Dependence

- Cannabis Dependence

- Mental Health

- Major Depressive Disorder

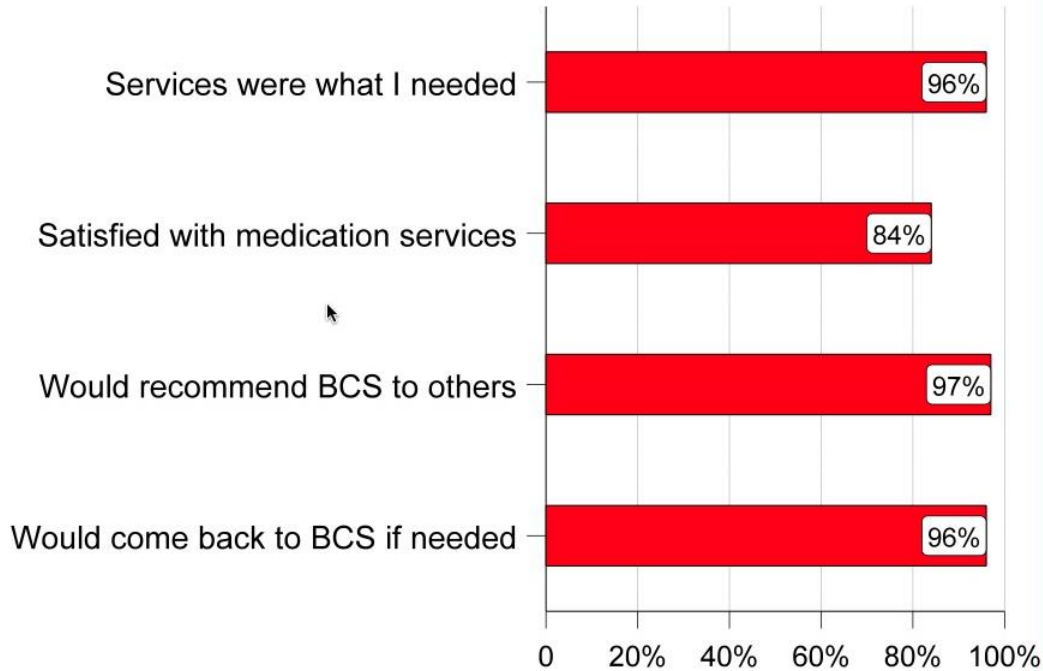
- Bipolar Disorder

- Anxiety Disorders

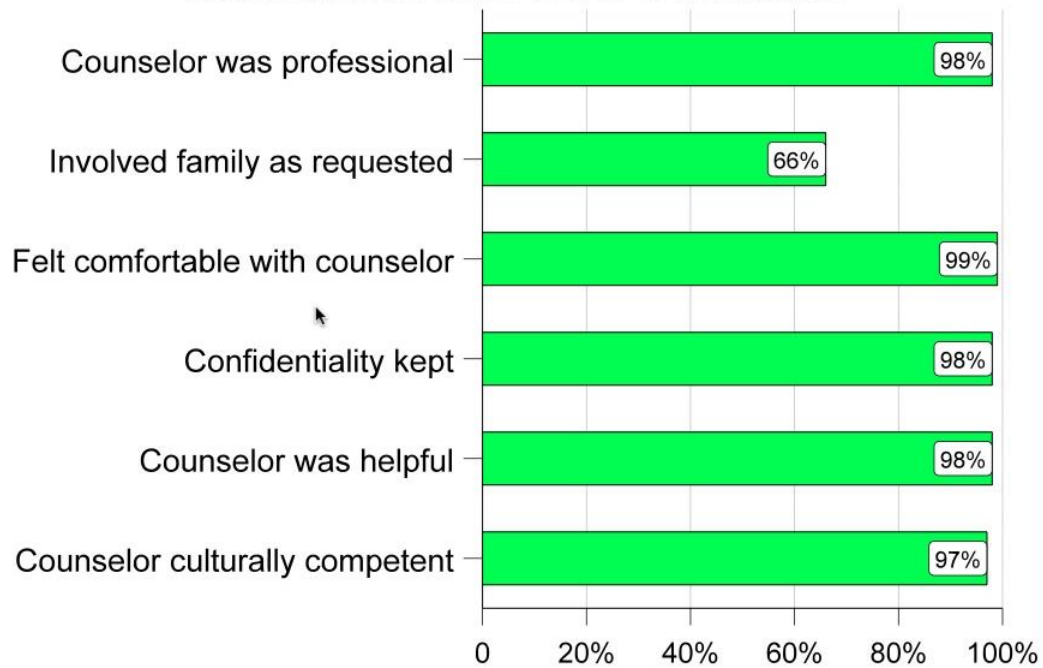
- Adjustment Disorders

How Satisfied are our customers

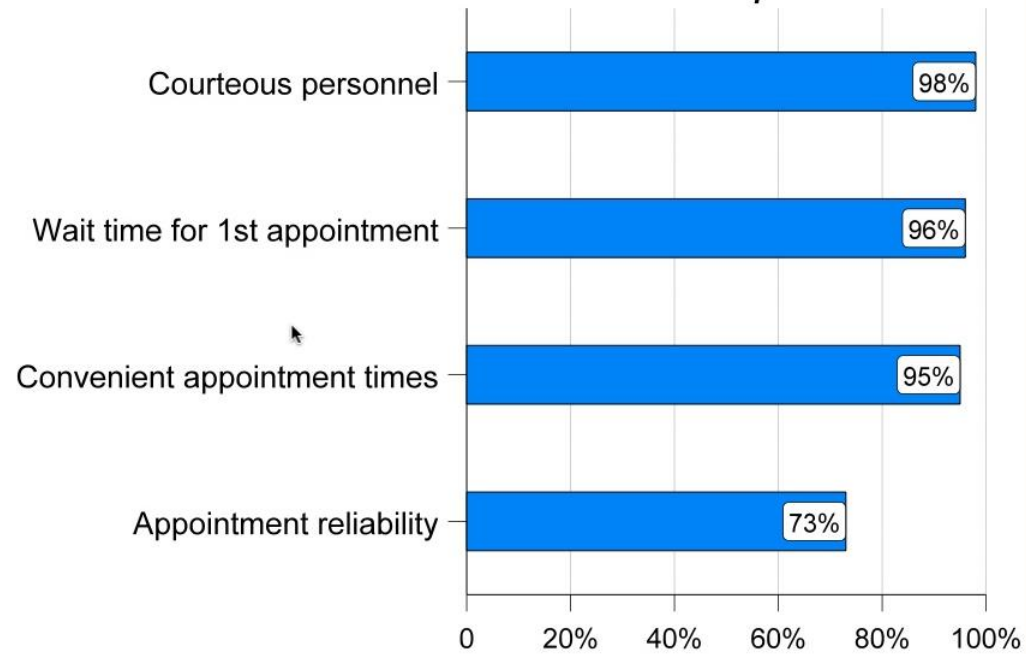
Satisfaction with BCS Services



Satisfaction with BCS Counselor



Satisfaction with BCS Business Operations



Recovery Walk- 09/13/2014



Annemarie, Chelsey, and Jackie in Recovery Walk



Melissa and Tammy at the Recovery Walk



Balloon Release at the Walk



Becky and Ashley



Kelsie and Tammy



Joey Supina addresses the crowd

